

2025-2026



We are thrilled to announce the launch of our **basketball high-performance programme** in the vibrant city of Valencia, Spain!

As a top sports consultancy with over 10 years of experience, we're passionate about providing comprehensive training and personalised attention to help athletes reach their full potential!





Our programme has a proven track record of success in football and we plan on doing the same in basketball!

Many of our players ended up representing their countries in national teams and signing with top-tier clubs, such as West Ham United FC, Levante UD or Toronto FC. Also, many others have received full scholarships in US universities.





# COMPREHENSIVE DEVELOPMENT



2025-2026







# Sports Training

Be part of Spanish team

Tailored trainings



# Academic Training

Study techniques

International Schooling



## Personal Growth

Time management

Personal development



### **Evolution begins with training individualization.**

At TNGS, we love helping each athlete reach their full potential. Our training programme is designed with your age, progress and skill level in mind. We'll help you set personal goals and work at your own pace, so you can achieve success and feel proud of what you can do!









The Competence Model for Athletes, developed by TNGS and the Polytechnic University of Valencia, makes it easier to assess, evaluate and improve.

It's based on a study of more than 140 players from European clubs. By comparing your competences with other players of our database, within the same category, we design your training plan.



# Goal Settings

We'll set short, medium and long-term objectives, and will help you achieve them by working hard and getting to know you.

First, we'll look at what you can do as a player and what you need to work on. Then, together with your coach, you'll decide what you want to achieve this season. Once that's done, the coach gives you a set of weekly tasks to complete in order to reach those goals.





on Individualize trainings

Local league games

Recover assistance

Technical, tactical, physical, and psychological sessions are focusing on the player's personal improvement.

Experience Spanish competition through weekly league matches with different teams in the Valencian Community.

Staff members who take care of daily incidents that may occur during trainings.

02 Team training sessions 05

Performance Analysis

Medical Insurance

Training sessions with teams from Valencian Community to enhance team playing.

Game analysis and evaluation sessions. Learn tagging and video editing tools.

Medical coverage during the whole programme.

Competences profile

Tool to assess each player's competences and design specific tasks for their improvement.

Healthy habits

Sleep and rest monitoring, diet supervision and weight measurement.



# GET TO KNOW some cases...







**Nathan Trott** 

Signed with West Ham United (Premier League England)

U-16 National Team for Bermuda U-20 National Team for England



Youssouf Yalike

Signing with Levante UD U18 División de Honor (La Liga, Spain)

Debut in the season 17-18 with Levante UD First Team



# Moisés Ndong

Signed with GD Chaves Youth team (Primeira Liga, Portugal)

U-20 National Team for Equatorial Guinea



Developed in partnership by TNGS, TPT International School and the Polytechnic University of Valencia.

NG School is a new international academic programme for young leaders aged 14 to 18. Our teaching method is all about helping students learn how to solve problems in their everyday lives.

Lessons take place at the Polytechnic University of Valencia and led by top-notch teachers in a great learning environment. Our programme prepares students to enter universities in different countries, learn new languages and get official certificates like High School, SAT and TOEFL.









# We think sports and education should go hand by hand.

Our teachers work with students in three main areas, helping them to **develop personal and social skills** such as public speaking, leadership and social responsibility, **as well as supporting them with individual academic projects**. At NG School, we are committed to guiding students towards the most direct path to university.

Our approach is innovative and meets the standards set by the European Network for Quality Assurance (ENQA) and the International Network for Quality Assurance Agencies in Higher Education (INQAAHE).









#### **Educational system**

Design a study programme that will guide you towards university, making sure we're meeting the demands of each student.



### **S**cholarships

High School diploma associated to the NCAA.

Partnerships and guidance on how to apply to US universities.\*



### Coaching course

Official Certificate in
Coaching. Basic,
intermediate and
advanced level
certification from the
Ministry of Education and
Science (Spain)\*



# POLYTECHNIC UNIVERSITY OF VALENCIA

The Polytechnic University of Valencia (UPV) is a top public university and a leader in research. It's a great place for young people to get a feel for university life and see what it's like to be a student there.



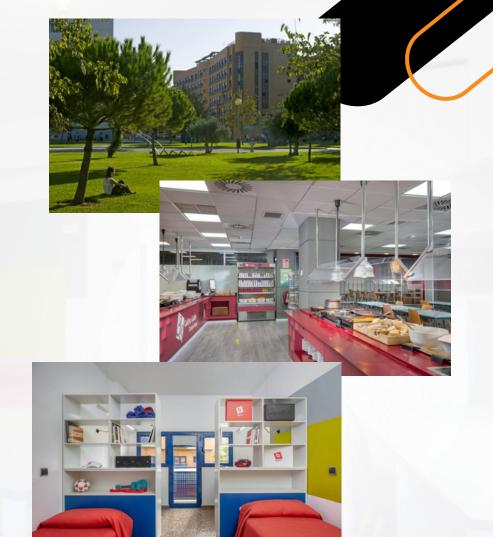


The NG Residence is the perfect accommodation for our student-athletes.

It's right on the Polytechnical University of Valencia campus, and our facility has 24-hour security, social areas, and study rooms, so it's the ideal environment for young athletes.

Our full-board accommodation includes:

- Menu for athletes
- Room cleaning
- Clothes washing
- And many other perks...







# Common Areas

There is no room for boredom at NG Residence. You can relax in the reading room, express your creativity by playing a musical instrument or have fun playing table football or table tennis.

However, when it comes to work, there are plenty of study rooms and a fully equipped gym.

# Green Areas

The university campus has plenty of open green space to walk around or relax. Also, the NG Residence is 10 minutes away from the beach or 20 minutes away from the river park and the city center.

After long weeks of training and studying is always nice to go out and enjoy what the city has to offer with friends or visiting family.





# Valencia as a great location.

#### **Climate and Lifestyle**

Valencia offers year-round sunshine and a relaxed Mediterranean lifestyle, perfect for personal growth and outdoor activities.

#### **World-Class Facilities and Accessibility**

The city features modern sports facilities and excellent connectivity via its international airport and high-speed trains.

#### **Cultural Richness**

Home to iconic landmarks and vibrant festivals like Las Fallas, Valencia blends tradition with modernity.

#### Safety and Community

As one of Europe's safest cities, Valencia provides a welcoming environment for international students and families.

#### Sports Enthusiasm

Valencia thrives on its passion for sports, hosting major events and offering endless opportunities for recreation.



GET TO KNOW

some cases...







Pepe Cejudo

Full scholarship at University of Northwestern Ohio (Business Administration Degree)

Top scorer with Rangers UNOH NCAA Division I



Patricio Cortina

Full scholarship at St. Olaf College (Economics Degree)

Newcomer season 16-17 St. Olaf College FC NCAA III



Joel Serrano

Full Scholarship at
Marshalltown Community College
(Degree in Medicine)

Goalkeeper for Tigers in NCAA div I Puerto Rico National Football Team



# PRICE

# 29.000 €

- Full board accommodation at NG Residence
- 10 months of high-performance training
- TPT International School
- Access to top-level coaching
- Individualized training plans
- Mental performance training
- Nutrition and injury prevention education
- Medical insurance (Elite coverage)



- Training with local clubs
- Local league games
- Transportation inside the programme
- Visits to Valencia and other cities
- Full TNGS uniform kit
- Installment payment option
- Visa renewal accompaniment
- NOT INCLUDED: FIBA special case transfer fee



# SAMPLE SCHEDULE

Time	Weekday	Weekend
09.00	Breakfast	Breakfast
10.00	Skill Training	
11.00	Gym session	Free time
12.00	Video Analysis	
13.00	Lunch	Lunch
14.00	Rest	Rest
15.00 to 19:00	School	Longue game
20:00 to 21:30	Team training	League game
22:00	Dinner	Dinner

<sup>\*</sup>Times and activities might change depending the day



# Get in touch!

tngsports.com/ng-basketball

(+34) 629 681 162

afarakos@tngs.es

